



UUP HSC Chapter

**AFT Local #2190
NYSUT Local #40-809**

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Important information

NYS Legislature releases one house bills

As part of the standard budget process, the New York State legislature has released its responses to the governor's proposed budget. The full document and actions of each house can be seen below in the linked document.

[One House budget comparisons](#)

UUP continues to join with AFT to push back on NIH cuts!

UUP is continuing to partner with AFT to achieve restoration of the withdrawn NIH funding. AFT has joined in several lawsuits and is pushing the courts to recognize and correct this egregious action by the current administration. Some of the effects are already being exhibited at the university but are not substantial at this time. Below are 2 AFT-sponsored webinars that our members can participate in.

Thursday March 20, 2025 | 3:00 PM E.T- 4:00 PM ET

What We Expect for Federal Funding Cuts and Policy Changes in Higher Education

The first weeks of the Trump administration have featured a barrage of executive actions targeting higher education and the students we serve. In response, several groups, including the AFT, have filed lawsuits to stop the



executive overreach. Meanwhile, on the other end of Pennsylvania Ave., Congress is considering deep funding cuts to student aid and other critical programs to fund unrelated policy priorities. Join Sarah Cohen, AFT Government Relations, and Nicole Hochsprung, AFT Higher Ed to unpack everything that is going on in DC. In the executive branch we will cover Executive Actions, DOGE, impacts on the federal workforce, and funding changes such as the proposed cut to NIH indirect costs. We will discuss what we know about Congress' plans for funding - or cutting - higher education, focusing on the impact to higher education from the upcoming "reconciliation" bill.

[REGISTER HERE](#)

Thursday, April 17, 2025, | 3:00 PM ET- 4:00 PM ET

Navigating the Attacks on America's Classrooms and the Freedom to Learn

In the past few years, campuses across the country have faced increasing pressure from extremist forces aimed at limiting or reshaping Diversity, Equity, and Inclusion (DEI) initiatives, as well as challenging the boundaries of campus free speech and academic freedom. These challenges have created a complex and often contentious environment with members seeking assistance on how to navigate the often-vague changes. This session will examine the ongoing attacks on DEI initiatives and how these intersect with broader debates about free speech, and academic freedom.

[REGISTER HERE](#)

Other webinars of interest include:

Monday, March 17, 2025, 5 | 3:00 PM ET

What can I do about the trolls?! How to respond when online abuse strikes

In this digital safety workshop, we will share strategies for navigating online abuse if it happens to you or someone you know. We will discuss practical tips for documenting and reporting abuse as well as examples of creative counter speech that faculty and staff have used to push back.

[REGISTER HERE](#)

Monday, March 24, 2025, | 3:00 PM ET

What can I do to help my colleagues? How to be an ally online

Many of us are looking for tangible steps that we can take to support members of our campus community when they face online abuse. In this session we will share strategies for being an effective ally, building a supportive cyber community, and working together to shape best practices.

[REGISTER HERE](#)

Some additional action you can take is to send a letter to your congressional and senatorial representatives in Washington to restore the illegally impounded grant funding and the devastating cuts in direct cost funding .

[Oppose the administration's cuts to NIH funding!](#)

[Oppose the administration's freeze on federal grants!](#)

Ombuds Spring workshops



THE OMBUDS OFFICE

*We're here to listen with an open mind.
We're here to help resolve problems fairly.*

stonybrook.edu/ombuds • (631) 632-9200

Confidential Impartial Informal Independent

APRIL 2025 IN PERSON WORKSHOPS for Faculty, Staff & Students

TO REGISTER & View Locations - select a workshop title - OR Scan QR code

Communicating Across Generations - 1 hr. (4/3 @ 12:30 to 1:30 pm & 4/16 @ 12 to 1 pm)

In today's workplace, one is likely to have co-workers of varying ages, from Baby Boomers to Millennials to more recently Generation Z. This presentation will highlight the historical context, values, and preferred communication methods, while providing you with the knowledge, tools, and techniques to successfully communicate with people of all generations.

Emotional Intelligence - 1 hr. (4/18 @ 12 to 1 pm & 4/21 @ 12 to 1 pm) NEW

Emotional Intelligence isn't just a buzzword. It's about understanding and managing our emotions which in turn enhances our ability to connect with others. We will define Emotional Intelligence, and give you opportunities to test your EQ. The path to successful relationships is gaining insight into your thoughts, feelings and behavior. This sets the foundation for social awareness.

Together We Thrive - Building a Culture of Belonging - 1.5 hrs. NEW

(4/15 @ 12:30 to 2 pm & 4/29 @ 12:30 pm to 2 pm)

What does it truly mean to belong? Have you ever struggled with this issue? Or, do you know others who have? Do you feel seen, heard and valued?

What does belonging feel like and look like in our communities at work, at school and at home?

Test your knowledge with 3 quizzes to be completed in breakout groups.

At the conclusion of this workshop you will more fully understand the concept of belonging, and how you can contribute to an environment of inclusiveness.

A Supervisory Guide for Faculty - Supporting Graduate Student Success - 2 hrs. NEW

(4/2 @ 12 to 2 pm & 4/30 @ 12 to 2 pm)

Effective supervision goes beyond simply assigning tasks and providing mentorship. It involves fostering a healthy environment where challenging situations, including conflict, can be managed constructively. This interactive workshop aims to enhance your supervisory skills by exploring the key components for effective supervision.

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Scan me



IDA grant deadline approaching! Don't miss out!


The application portal for the individual development award grants (IDA) is currently open for the second and final round for the 24/25 contract year. This round is to encompass projects undertaken from 1/1/25 through 7/1/25. The portal will be open through 3/31/25. There is a \$2000 limit per member for projects completed in any contract year. If you received an award in the first round, that closed 12/31/24 any award granted in that round will be deducted from any award in the current round. If you

received \$2000 in the first round, you are ineligible for an award this round. If you submitted an application in Round 1 that was approved you are only eligible to seek reimbursement for one project in Round 2. If not, you can submit applications for up to 2 projects. The contract allows for up to 2 projects per year. If submitting for more than one project you must complete a separate application for each.

All applications must be completed online and not handwritten. Handwritten applications will be rejected. all documents must be submitted online and uploaded with the outlined naming convention. The URL for the portal is <https://uupsbhsc.org>. Questions regarding the IDA can be directed to chair of the IDA committee, [Daniel Braun](#).

Register you vehicle with the campus

Follow the instructions below to complete campus registration of your vehicle. Click image to download instructions.


Mobility and Parking Services (MAPS)

Good Afternoon,

As a reminder, Stony Brook University hospital parking patrons may now register for their permit in our new parking management system. As of April 1st, the old parking management system cannot be supported and integrated with the parking gates. Registration must be completed within the time periods outlined below in order to maintain uninterrupted access to the facility. If you have already registered, please disregard this email.

- **Payroll Deduction:** Those who wish to pay for their permit via payroll deduction must register anytime before **March 22nd**.
- **Credit Card:** Those choosing to pay by credit card (whether one-time or via recurring monthly payment) may begin registering on **March 23rd** and must complete registration before **March 31st**.

Frequently Asked Questions
The only permit I see is Medical Exemption: If you are seeing this message, it is because you have already signed up for a permit. Please reach out to parking@stonybrook.edu to have your existing permit cancelled, at which point you will be able to register for a new one.

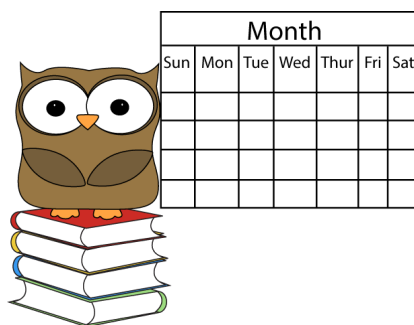
How do I register?

1. Log into the [parking portal](#) using your NetID. Once you do, you should see a message similar to the one below. Click on the red Order Permit Button.

Attention

2. Then, click to agree to the Terms of Service and the permit page will open. Select the Garage/Gated permit.

Upcoming Events



Upcoming chapter events will be listed in this space. Events are presented for the benefit of our members and are based on member interest and participation. If there is a topic that is of interest, please contact the chapter office to schedule it.

Understanding Performance Programs and Evaluations
April 30, 2025 Noon - 1:00 pm
31 Research way, Technology Park
TP Conference Room -A

Are you a new employee or just want to understand what a performance program is and what it means in your career? Join us for an informative

workshop designed to enlighten you in the process and purpose! Facilitated by our Labor relations specialist Tammy Mays

- Date: April 30, 2025
- Time: Noon - 1:00 pm

This workshop will cover key aspects of the evaluative process, including:

- contractual basis of the performance program and evaluation process.
- SMART objectives
- protecting your rights
- Q&A session

Don't miss this opportunity to gain valuable insights and set yourself up for success!

[Register here](#)

Did you know

Article 20 of our contract defines all of the compensation due to our members for the duration of the contract. All of the dates and amounts are outlined in this contract article.

If you need a copy of the contract you can obtain a PDF version [here](#) or stop into the UUP office and pick one up.

Consider Helping Members in Need

Perhaps you did not know, that NYS has a leave donation program that allows state workers to donate their vacation time to be used as sick time to assist employees in need. These donations can be made across unions and can mean the world to a peer with a long-term medical issue.

Please consider donating extra leave time to members on long-term medical leave. By donating vacation days these members can remain on the payroll and continue to receive much-needed health insurance. The donations are directed specifically to individuals the days cannot be placed into a pool. Links to the necessary forms are below. Complete the form and email or fax to time and attendance. The annual leave days over 40 will be stripped on 1/1/25.

[Michael Depaolo - Hospital building](#)

[Lalaine Villaroman - Surgical trauma](#)

[Ricardo, Misciagna - Emergency Department](#)

[Ana Chevres - Ambulatory Surgery](#)

[Matthew Trump - Structural MART/Bed Tower - Structural](#)

[Cindy Castillo - Central Throughput Office \(CTO\)](#)

[Troy Mogensen -Supply Management Services](#)

Every day donated is a tremendous help and comfort to those in need

Also, if you know of someone who might need leave donations due to an unforeseen extended illness please pass on the form below for them to complete and return to Human Resources to evaluate for eligibility and processing.

[Leave Donation request application.](#)

Important numbers

UUP Benefit Trust Fund PO Box 15143 Albany, NY 12212-9954	www.uupinfo.org	800-887-3863 Fax: 866-559-0516
UUP Member Services	www.uupinfo.org	800-342-4206
UUP Retiree Services	www.uupinfo.org	800-342-4206
Delta Dental PO Box 2105 Mechanicsburg, PA 17055-2105	www.deltadentalins.com/uup	800-471-7093
Davis Vision PO Box 1525 Latham, NY 12210	www.davisvision.com	800-999-5431
Laser Vision Correction (Client Control 7512)	www.davisvision.com	800-584-2866
NYSUT Member Benefits	www.memberbenefits.nysut.org	800-626-8101
AFT+ Member Benefits	www.aft.org	800-238-1133
The Empire Plan Medical Program Hospital Program Mental Health & Substance Abuse Programs Prescription Drug Program NurseLine	www.cs.ny.gov/employee-benefits	877-769-7447 Press 1 Press 2 Press 3 Press 4 Press 5
HMOs	Call the specific HMO for information	
Retirement Systems (Pensions) NYS & Local Retirement System NYS Teachers' Retirement System	www.osc.state.ny.us www.nystrs.org	866-805-0990 800-348-7298
Optional Retirement Programs (ORP) TIAA, Fidelity VALIC, VOYA	www.suny.edu/retirement/orp	Contact campus Health Benefits Administrator
NYS Deferred Compensation Plan	www.nysdcp.com	800-422-8463
NYS Dept. of Civil Service	www.cs.ny.gov	800-833-4344
Workers' Compensation	www.foalaw.com	866-362-4887
Flex Spending Account Dependent Care Advantage Account (DCAA) Health Care Spending Account (HCSA) Adoption Advantage Account NYS-Ride	www.flexspend.ny.gov	800-358-7202

NEW EMPLOYEES, JOIN US FOR: **NEOs at NOON**

Learn about your **UUP** benefits and receive expert tips on how to utilize and maximize them.



**NEW EMPLOYEE ORIENTATIONS
WEDNESDAYS AT NOON**



Visit <https://bit.ly/UUPWelcome> for dates and to register.

PLEASE SHARE THIS WITH YOUR NEW COLLEAGUES

Welcome to Stony Brook HSC!

New employees who missed Orientation or want to find out more about your union and the Benefits provided!

Our union, United University Professions (UUP), was formed over 45 years ago to provide a collective voice for SUNY faculty and professional staff, to improve terms and conditions of employment for full-time and part-time workers, to advocate for SUNY funding, and to provide job protections for all. Together we have done that and more.

Please join us for a virtual UUP New Employee Orientation (NEO) to learn more about the benefits of being a UUP member and tips and tricks for maximizing your benefits. UUP NEOs at Noon are hosted Wednesdays at 12 pm. Sign up [HERE](#).

If you have not already, you can fill out your membership application [HERE](#).

Don't hesitate to reach out to our SBHSC Chapter Office at: 631 444-1505 with any questions.



If you have questions or concerns please call the UUP office at 631 444-1505 or email: bkube@uupmail.org

[\[UUP HSC Chapter Website\]](#) | [\[E-mail the UUP HSC Chapter\]](#) | [\[UUP HSC Calendar\]](#)
[\[Statewide UUP Website\]](#) | UUP HSC Office (631) 444-1505

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