



UUP HSC Chapter

**AFT Local #2190
NYSUT Local #40-809**

IDA award application portal open

The IDA application portal has opened.

A new round of individual development grants is open for projects completed within the period of 4/1/23 and 7/1/23. This is a continuation of the 22/23 IDA funding and any applicant that has already received the maximum \$2000 is ineligible for this round. Applicants must have completed their projects within the April to July period.

All applications and documentation are submitted online through the portal. No paperwork is to be submitted to the UUP office. As before for the 22/23 award period you can submit for a total of \$2000 for up to 2 projects. The maximum award to any individual is capped at \$2000. Projects can include conference expenses (travel, registration, lodging, meals), Tuition (not fees), some expenses related to research, and some publication-related expenses. For a more detailed description please refer to the guidelines. A link is provided on the portal entry page. The portal can be accessed at:



<http://sbhscuup.org/>

Mark your calendar!

Additional information to follow...

October 11 - Strategic thinking - How to analyze and approach workplace issues - (Commack)

November 8 - Path to permanency (tech park/Hybrid)

November 29 - Contingent and part-time issues (Hybrid)

December - Holiday meetings TBD

January 24 2024 - Workload issues and strategies and how to address them (hybrid)

All workshops are for members only and will require RSVPs. For the hybrid workshops lunch will be provided at the live location. Specific details and RSVP information will be disseminated closer to the dates

Consider Helping Members in Need

Perhaps you did not know, NYS has a leave donation program that allows state workers to donate their vacation time to be used as sick time to assist employees in need. These donations can be made across unions and can mean the world to a peer with a long-term medical issue.

Please consider donating extra leave time to members on long-term medical leave. By donating vacation days these members can remain on the payroll and continue to receive much-needed health insurance. The donations are directed specifically to individuals the days cannot be placed into a pool. Links to the necessary forms are below. Complete the form and email or fax to time and attendance. The annual leave days over 40 will be stripped on 1/1/24.

[Ricardo Misciagna - ED](#)

[Bari Congiusta - Neurology](#)

[Kisten St. Germain - Clinical Nutrition](#)

[Yenny Cardoso - Surgical Oncology](#)

[Joseph Rosadio - 361319 - Emergency Medical Services](#)

[Lyndsay Vollmer - 361386 - CPEP](#)

[Maria Esquivel - 331303 Housekeeping](#)

[Donna DeNardo -391746 - Fiscal Services in the Vets Home](#)

[Niamh Ashe -351320 - AICU](#)

[Rishona Haynes - 341344 CTICU](#)

[Ryann Martin 361386 CPEP](#)

[Margaret Murphy - 331349 - ACP - Pediatric Oncology](#)

Every day donated is a tremendous help and comfort to those in need

Also, if you know of someone who might be in need of leave donations due to an unforeseen extended illness please pass on the form below for them to complete and return to Human Resources to evaluate for eligibility and processing.

[Leave Donation request application.](#)

Important numbers

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| UUP Benefit Trust Fund PO Box 15143 Albany, NY 12212-9954 | www.uupinfo.org | 800-887-3863 Fax: 866-559-0516 |
| UUP Member Services | www.uupinfo.org | 800-342-4206 |
| UUP Retiree Services | www.uupinfo.org | 800-342-4206 |
| Delta Dental PO Box 2105 Mechanicsburg, PA 17055-2105 | www.deltadentalins.com/uup | 800-471-7093 |
| Davis Vision PO Box 1525 Latham, NY 12210 | www.davisvision.com | 800-999-5431 |
| Laser Vision Correction (Client Control 7512) | www.davisvision.com | 800-584-2866 |
| NYSUT Member Benefits | www.memberbenefits.nysut.org | 800-626-8101 |
| AFT+ Member Benefits | www.aft.org | 800-238-1133 |
| The Empire Plan Medical Program Hospital Program Mental Health & Substance Abuse Programs Prescription Drug Program NurseLine | www.cs.ny.gov/employee-benefits | 877-769-7447 Press 1 Press 2 Press 3 Press 4 Press 5 |
| HMOs | Call the specific HMO for information | |
| Retirement Systems (Pensions) NYS & Local Retirement System NYS Teachers' Retirement System | www.osc.state.ny.us www.nystrs.org | 866-805-0990 800-348-7298 |
| Optional Retirement Programs (ORP) TIAA, Fidelity VALIC, VOYA | www.suny.edu/retirement/orp | Contact campus Health Benefits Administrator |
| NYS Deferred Compensation Plan | www.nysdcp.com | 800-422-8463 |
| NYS Dept. of Civil Service | www.cs.ny.gov | 800-833-4344 |
| Workers' Compensation | www.foalaw.com | 866-362-4887 |
| Flex Spending Account Dependent Care Advantage Account (DCAA) Health Care Spending Account (HCSA) Adoption Advantage Account NYS-Ride | www.flexspend.ny.gov | 800-358-7202 |

NEW EMPLOYEES, JOIN US FOR: **NEOs at NOON**

Learn about your **UUP** benefits and receive expert tips on how to utilize and maximize them.



**NEW EMPLOYEE ORIENTATIONS
WEDNESDAYS AT NOON**



Visit <https://bit.ly/UUPWelcome> for dates and to register.

PLEASE SHARE THIS WITH YOUR NEW COLLEAGUES

Welcome to Stony Brook HSC!

New employees who missed Orientation or want to find out more about your union and the Benefits provided!

Our union, United University Professions (UUP), was formed over 45 years ago to provide a collective voice for SUNY faculty and professional staff, to improve terms and conditions of employment for full-time and part-time workers, to advocate for SUNY funding, and to provide job protections for all. Together we have done that and more.

Please join us for a virtual UUP New Employee Orientation (NEO) to learn more about the benefits of being a UUP member and tips and tricks for maximizing your benefits. UUP NEOs at Noon are hosted Wednesdays at 12 pm. Sign up [HERE](#).

If you have not already, you can fill out your membership application [HERE](#).

Don't hesitate to reach out to our SBHSC Chapter Office at: 631 444-1505 with any questions.



If you have questions or concerns please call the UUP office at 631 444-1505 or email: bkube@uupmail.org

[\[UUP HSC Chapter Website\]](#) | [\[E-mail the UUP HSC Chapter\]](#) | [\[UUP HSC Calendar\]](#)
[\[Statewide UUP Website\]](#) | UUP HSC Office (631) 444-1505

Connect with us



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